



# Ardroy OEC

## Whole Course Outcomes



The overall experience of a course at Ardroy strongly supports, and dovetails with, the holistic approach towards promoting Health and Wellbeing across learning that is advocated within Curriculum for Excellence. The introductory statement is reproduced below – it neatly sums up “whole course” outcomes at Ardroy.

We have also detailed the associated codes for specific outcomes and experiences that are the responsibility of us all. These will be addressed when appropriate throughout the whole course at Ardroy.

Statement Codes	Introductory Statement of Experiences and Outcomes for Health and Wellbeing across Learning
<b>HWB 2-01a</b> <b>HWB 2-02a</b>	<p>I can expect my learning environment to support me to:</p> <ul style="list-style-type: none"> <li>• develop my self-awareness, self-worth and respect for others</li> <li>• meet challenges, manage change and build relationships</li> <li>• experience personal achievement and build my resilience and confidence</li> <li>• understand and develop my physical, mental and spiritual wellbeing and social skills</li> <li>• understand how what I eat, how active I am and how decisions I make about my behaviour and relationships affect my physical and mental wellbeing</li> <li>• participate in a wide range of activities which promote a healthy lifestyle</li> <li>• understand that adults in my school community have a responsibility to look after me, listen to my concerns and involve others where necessary</li> <li>• learn about where to find help and resources to inform choices</li> <li>• assess and manage risk and understand the impact of risk-taking behaviour</li> <li>• reflect on my strengths and skills to help me make informed choices when planning my next steps</li> <li>• acknowledge diversity and understand that it is everyone’s responsibility to challenge discrimination.</li> </ul>
<b>HWB 2-03a</b> <b>HWB 2-04a</b>	
<b>HWB 2-05a</b> <b>HWB 2-06a</b>	
<b>HWB 2-07a</b> <b>HWB 2-08a</b>	
<b>HWB 2-09a</b> <b>HWB 2-10a</b>	
<b>HWB 2-11a</b> <b>HWB 2-12a</b>	
<b>HWB 2-13a</b> <b>HWB 2-14a</b>	
<b>HWB 2-15a</b> <b>HWB 2-16a</b>	
<b>HWB 2-17a</b> <b>HWB 2-18a</b>	
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